



Cawston Church of England Primary Academy

RSE & PSHE Long Term Plan



EYFS	Autumn 1A	Autumn 1B	Spring 1A	Spring 1B	Summer 1A	Summer 1B
Year A	Self regulation: My feelings	Building relationships: Special relationships	Managing self: Taking on challenges	Self regulation: Listening and following instructions	Building relationships: My family and friends	Managing self: My wellbeing

KS1	Autumn 1A	Autumn 1B	Spring 1A	Spring 1B	Summer 1A	Summer 1A
Year A 2024/25	Y2 Citizenship	Odd Socks Day Anti-Bullying Week	Y2 Family and relationships	Y2 Health and wellbeing	Y2 Economic wellbeing	Y2 Safety and the changing body Transitions
Year B 2023/24	Setting Ground Rules PATHS	Odd Socks Day Anti-Bullying Week	Y1 Family and relationships	Y1 Health and wellbeing	Y1 Economic wellbeing	Y1 Safety and the changing body Transitions

KS2 Year 3-5	Autumn 1A	Autumn 1B	Spring 1A	Spring 1B	Summer 1A	Summer 1A
Year A 2023/24	Setting Ground Rules PATHS	Odd Socks Day Anti-Bullying Week	Y4 Family and relationships	Y4 Health and wellbeing	Y4 Economic wellbeing	Y4 Safety and the changing body * Transitions
Year B 2024/25	Y3 Citizenship	Odd Socks Day Anti-Bullying Week	Y3 Family and relationships	Y3 Health and wellbeing	Y3 Economic wellbeing	Y3 Safety and the changing body * Transitions
Year C 2025/26	Y5 Citizenship	Odd Socks Day Anti-Bullying Week	Y5 Family and relationships	Y5 Health and wellbeing	Y5 Economic wellbeing	Y5 Safety and the changing body * Transitions

Year 6	Autumn 1A	Autumn 1B	Spring 1A	Spring 1B	Summer 1A	Summer 1A
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Year A	Setting Ground Rules PATHS	Odd Socks Day Anti-Bullying Week	Y6 Family and relationships	Y6 Health and wellbeing	Y6 Economic wellbeing	Y6 Safety and the changing body Transitions Identity
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*Changing bodies lessons to be taught in single year groups.